

# Books

I began the All Sorts cookbook range with my first book, *All Sorts of Salads*, which came out in September 2015. I enjoyed it so much and people liked it enough that my publishers let me bring out my next book, *All Sorts of Healthy Dishes: The Mediterranean way*, which was released in October 2017. Since then, I also brought out *All Sorts of One-Dish Wonders*, with a focus on easy, hassle free cooking. The latest addition to the range is now *All Sorts of Tapas*, which hit the shelves in February 2021. Towards the end of 2021 I brought out my first hardcover book, *The Ultimate Salad Book*, which features more than 100 salad recipes.

In all my books I share healthy recipes for the South African kitchen.

**I offer free delivery within South Africa for all signed copies bought on my online shop.**



*All Sorts of Salads* features over 70 delicious recipes for main and side salads.

Gone are the days of having lettuce as your main ingredient as this book will take the home cook out of his or her salad rut and provide some interesting and tasty dishes to explore and enjoy!

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*All Sorts of Healthy Dishes* features 96 delicious yet healthy recipes for family meals and entertaining.

I've been lucky enough to have travelled widely throughout the Mediterranean region and I've taken inspiration from the cuisine of the countries bordering on the Med.

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With a focus on seasonal, fresh and healthy options, *All Sorts of One-Dish Wonders* will become a favourite of home cooks who are looking for the best meals that are also low maintenance and simple to prepare, with a dash of flair.

This collection of almost 80 dishes proves that cooking in one pot or pan can be exciting and delicious.

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Inspired by the bustling nightlife of the Spanish tapas bars, these little dishes are packed with big flavours and are best enjoyed with the people around you.

*All Sort of Tapas* brings to life the richness of Spain's regional variations, styles and attitudes while incorporating some uniquely South African flavours.

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It's time for the salad to take centre stage! Traditionally salads have been viewed as side dishes, but those featured in *The Ultimate Salad Book* are anything but as they move boldly

into the realm of main dishes.

In this latest book, my first hardcover, I present a delicious collection featuring international flavours to the South African kitchen.

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